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# "Be Still" Inspirational Adult Coloring Therapy Featuring Psalms



## Synopsis

Scripture from the Book of Psalms, with its beautiful poetry and rich imagery, is featured in 27 of the beautiful designs and ink drawings awaiting your coloring pleasure. Share the joy of coloring again and invite others to join you - the perforated pages make this a shareable pastime. When you're finished, hang your artwork on the fridge for daily inspiration. Everyone will find something that excites their creativity from amongst the delightful patterns, designs, motifs and ink drawings. The book is bound in glossy heavy-duty stock with embossed text and design. Perforated One-Side Printed Sturdy Pages. Designed for Fun, Serenity, Calmness & Quiet Inspiration. Includes Gift Tags / Cards to Color. Presentation Page for Gift-Giving. Scripture from Psalms 8 1/2 x 8 1/2 Inch.

## Book Information

Paperback: 128 pages

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Product Dimensions: 8.6 x 0.5 x 8.5 inches

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Average Customer Review: 4.8 out of 5 stars 176 customer reviews

Best Sellers Rank: #70,992 in Books (See Top 100 in Books) #71 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Religious & Inspirational #1388 in Books > Crafts, Hobbies & Home > Crafts & Hobbies #3811 in Books > Christian Books & Bibles > Christian Living

## Customer Reviews

This is a very lovely slightly smaller format but thick coloring book based on the Psalms which is pre-set for gift-giving (the first page is a removable To/From page.) I definitely think it would be a very nice gift but I also am happy to pick it up for myself, too. The Psalms are where I go when I need to know how to express what is in my heart. The psalmist speaks of everything thing from the most glorious to the depth of the darkest hours. I have another coloring book based on the Psalms and it is quite different. The designs in the book are a wide variety from elegant to cute. Most do not have a particular Bible theme but will be very nice to color. Some of the designs have intricate and small details. The verses used in this book are from a variety of translations, including: New International Version, New Living Translation, and the New King James Version. The images used

for the designs are licensed from Shutterstock.com which provides images for a number of other books, so a few of these designs may look familiar to colorists. The designs range from those which have verses to others which do not. The cover art is one of the designs in the book. There are certainly more without verses than with them. There are 60 full page designs and 27 of them have a verse incorporated into the design. There are, additionally, two pages of cards which can be colored and cut out. I'm not quite sure of the purpose of the cards but they are included. The designs are printed on one side only of heavyweight (almost cardstock) white paper. The paper is perforated and the binding is sewn in rather than glued. A number of the images extend beyond the perforation and "lost" parts of several are part of the design you would miss (pieces of a mirror image banner, etc.) What appears to have happened is that the design was centered on the whole page rather than on the area to the right of the perforation. That is a shame and hopefully, the publisher will correct that for future coloring books. Otherwise, it is a well made book and one that is easy to color in. My markers bled through to varying degrees and my gel pens did not but they needed extra drying time as the ink sat on the top of the paper than seeping through. My coloring pencils went on this paper really nice and creamy. I will use all of my coloring tools but I will either remove the page from the book (it is fairly thick) or I will place a piece of chipboard under the page I am working on to make sure nothing seeps through. This is the first Bible-based coloring book that I have purchased that did not focus exclusively on Bible or Christian images. While it surprised me at first, I came around to it as a good all-around coloring book which has verses for the times when I want to concentrate on those.

The most beautiful coloring book I have ever owned. I just got it recently and have only colored a couple of pages so far but it is gorgeous and I can't wait to color more. I only have a few issues. Of course, it isn't spiral bound, so it won't lie flat like most other coloring books. Second, the design extends all the way past the perforation into the binding. So, if you plan to pull your completed work from the book, you are left with a tab about 1/2 inch wide with part of the design visible. If you don't plan to remove it from the book, then you need to color all the way into the binding to not have a silly, uncolored strip down the side. Finally, the designs extend all the way to the edges on all four sides. Some may not care for that. I'm OK with that, I just don't care for having to color all the way into the binding to make the picture complete. The first picture I uploaded is showing the perforation so you can see what I mean. Other than these small aggravations, I love this book's designs, beautiful verses and it's unique style. If it were just spiral bound it would be perfect.

Beautiful cover, one of the better I've seen for adult coloring books and beautifully embossed though the title was misaligned with the embossing (a printer issue), good price. While there were many pages that were wonderfully illustrated, so much of the book seemed to be a hodge-podge of different artists, styles, themes, etc. While some folks may like this approach, I was disappointed in that I thought it would have more scriptures from Psalms (as the title and sub-title would suggest) and (nothing against cats, dogs, coffee lovers, etc.) less other random drawings. Seemed like it was a bit thrown together but I'm sure many folks will still enjoy.

This is the first adult coloring book I've purchased that I've just been 100% disappointed in. This is not at all what I was expecting it to be. So, I'll run down the good and bad points of it for you: Pros: 1) very high quality paper. Very smooth paper, with little bleed through. I use Copic markers for my adult coloring books, and this seems to be a heavy paper even better than my expensive Copic paper. 2). Perforations very "clear-cut". Pages remove easily and cleanly. 3) 60 pictures. The book, about twice what the average adult coloring book has. Cons: 1). The cover says "Coloring therapy with Scripture verses from Psalms", but less than half of the pictures have verses. The majority of the pictures are random geometric shapes, or unexpected things such as cupcakes, cacti, umbrellas, a puppy with a butterfly on its nose, etc. 2). The line drawings are "overdone".

I love this book. The fact that it's spiral will keep me coming back for more. This was my first coloring in ages and it is relaxing when I remember to pick it up.

I bought two of these - one for my mother and another one for me. It has quickly become both of our favorite coloring books. The size of the pages make it perfect for framing. There's not a single page in this book that is not truly awesome. I wasn't really into coloring mandalas until I bought this book and there are a few pages that made me want to try them. I enjoy them now, but still prefer the beautiful scenery and animals that this book also gives you. I haven't finished coloring all the pictures yet, but I'm certain it won't be long since this is my absolute favorite book.

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